

COMMON MYTHS ABOUT VENTILATION YOU SHOULDN'T BELIEVE

VENTILATION IS SEASONAL

Ventilation is important all year, as fresh air is needed to maintain healthy indoor air quality every season.

WINDOWS ARE ENOUGH

While opening windows helps, it doesn't guarantee proper ventilation.

A **single room heat recovery unit** provides fresh air without energy loss in a controlled way.

VENTILATION WASTES ENERGY

Modern systems, especially those with heat recovery, are designed to be energy-efficient, using exhaust air to warm the incoming fresh air.

ONLY OLD HOMES NEED IT

Even new, airtight homes need ventilation to prevent moisture problems and maintain good air quality.